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Almost Family Reports Record Second Quarter 2008 Results

Recent Corporate Highlights:

- **Net service revenues increased 50% to \$48.7 million**
- **Visiting Nurse (VN) segment net revenues rose 66% to \$38.9 million**
- **Net income increased 95% to \$3.9 million**
- **Diluted EPS increased 43% to \$0.50 per diluted share on 38% higher shares outstanding**
- **Completed common stock offering of 2,512,500 shares; net proceeds of \$41.8 million**
- **Added to Russell 2000® Index**
- **Named one of Fortune Small Business' 100 fastest-growing small public companies**
- **Secured \$75 million revolving credit facility in July**
- **Completed acquisition of Patient Care, Inc. with \$47 million in annual revenues**

Louisville, KY, August 5, 2008 – Almost Family, Inc. (Nasdaq: AFAM), a leading regional provider of home health nursing services, announced today its financial results for the three months and six months ended June 30, 2008.

William B. Yarmuth, Chairman and CEO, commented, “By all measures, 2008 has been a period of outstanding accomplishments by Almost Family. We’re reporting record revenues and earnings, a continuation of our aggressive growth strategy and the achievement of numerous capital market milestones. I couldn’t be more pleased with our financial report for the second quarter, in particular with our 33% organic revenue growth rate in our VN segment. Total revenue growth in the VN segment, where we focus most of our effort, was 66% over the same quarter last year and 30% over the first quarter of 2008. All of this serves as further validation that we are on the right track as we move forward into the second half of the year.”

Second Quarter Financial Results

Almost Family reported second quarter 2008 net service revenues of \$48.7 million, a 50% increase from \$32.5 million in the second quarter of 2007. Operating income for the second quarter of 2008 increased to 14% of net service revenues versus 11% for the second quarter of 2007.

Net income for the second quarter of 2008 was \$3.9 million, or \$0.50 per diluted share, compared to \$2.0 million, or \$0.35 per diluted share, in the second quarter of 2007. The weighted average shares outstanding for purposes of calculating diluted earnings per share increased 39% between periods as the Company completed a common stock offering, of 2,512,500 shares in the second quarter of 2008.

The number of days sales outstanding in accounts receivable, or DSO, for the three months ended June 30, 2008, decreased to 47 days, compared to 51 days for the three months ended March 31, 2008. The decline in DSO was attributable to resolved billing issues related to Medicare claims, partially offset by rapid growth from acquisitions and organic initiatives.

Second Quarter Segment Results

Net revenues in the Visiting Nurse segment for the second quarter of 2008 were \$38.9 million, a 66% increase from \$23.5 million in the second quarter of 2007. The total revenue growth of \$15.4 million came from a 33% organic growth rate plus \$7.6 million from acquired operations. Operating income before corporate expense in the VN segment for the second quarter 2008 was \$8.6 million, an 88% increase from \$4.6 million in the second quarter 2007.

Net revenues in the Personal Care (PC) segment for the second quarter of 2008 were \$9.8 million, a 9% increase from \$9.0 million in the second quarter of 2007. Operating income before corporate expense in the PC segment for the second quarter of 2008 was \$821,000.

Six Month Period Ended June 30, 2008

Almost Family reported net service revenues for the six month period ended June 30, 2008 of \$87.7 million, a 37% increase from \$64.3 million in the same period last year. Operating income for the six month period increased to 13% of net service revenues versus 11% for the prior year period.

Net income for the six month period was \$6.4 million, or \$0.95 per diluted share, compared to \$3.6 million, or \$0.65 per diluted share, in the prior year period. The weighted average shares outstanding for purposes of calculating diluted earnings per share increased 21% between periods.

Six Month Period Segment Results

Net revenues in the Visiting Nurse (VN) segment for the six month period of 2008 were \$68.7 million, a 48% increase from \$46.5 million in the same period last year. The total revenue growth of \$22.2 million came from a 25% organic growth rate plus \$10.6 million from acquired operations. The six month results included results from the Quality of Life acquisition completed in late October of 2007 and results from the Apex Home Healthcare acquisition completed in late March 2008. Operating income before corporate expense in the VN segment for the six month period was \$14.0 million, a 58% increase from \$8.9 million in the same period last year.

Net revenues in the Personal Care (PC) segment for the six month period were \$19.0 million, a 7% increase from \$17.8 million in the same period last year. Operating income before corporate expense in the PC segment for the six month period was \$1.6 million, a 9% decrease from \$1.7 million in the same period last year.

Recent Corporate Developments

On April 16, 2008, Almost Family completed a common stock offering of 2,250,000 shares at \$17.75 per share, which generated net proceeds of \$37.3 million.

On May 9, 2008, Almost Family announced that the underwriter of the public offering exercised its over-allotment option in part and purchased 262,500 additional shares of common stock at the public offering price of \$17.75 per share.

On June 16, 2008, Almost Family was named one of Fortune Small Business' 100 fastest-growing small public companies.

On June 27, 2008, Almost Family was added to the Russell 2000® Index.

On July 15, 2008, Almost Family established a new \$75.0 million senior secured multi-bank credit facility replacing its previous facility.

On August 1, 2008, Almost Family completed the acquisition of Patient Care for \$45.2 million, subject to a working capital adjustment. The acquisition was previously under a definitive agreement signed on June 18, 2008. The acquisition added \$47 million in annual revenues and eight locations in New Jersey, Connecticut, and Pennsylvania. Due to the transition, wind down costs and the timing of the close, the acquisition is not expected to contribute significantly to earnings in 2008 but is expected to be accretive to EPS in 2009.

Conference Call

A conference call to review the results will begin today at 11:00 a.m. ET and will be hosted by William B. Yarmuth, President and Chief Executive Officer, and Steve Guenther, Senior Vice President and Chief Financial Officer. To participate in the conference call, please dial 1-877-407-0789 (USA) or 1-201-689-8562 (International). In addition, a dial-up replay of the conference call will be available beginning today at 12:00 p.m. ET and ending on August 19, 2008. The replay telephone number is 1-877-660-6853 (USA) or 1-201-612-7415 (International) along with the account number 3055 and conference ID 291752.

A live webcast of the call will also be available from the Investor Relations section on the corporate web site at <http://www.almostfamily.com>. A webcast replay can be accessed on the corporate web site beginning August 5, 2008 at approximately 12:00 p.m. ET and will remain available until September 5, 2008.

ALMOST FAMILY, INC. AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF INCOME
(UNAUDITED)

	Three months ended June 30,	
	2008	2007
Net service revenues	\$ 48,700,372	\$ 32,509,503
Cost of service revenue	22,780,475	15,541,684
Gross margin	25,919,897	16,967,819
General and administrative expenses:		
Salaries and benefits	12,988,447	8,835,801
Other	6,261,283	4,616,580
Total general and administrative expenses	19,249,730	13,452,381
Operating income	6,670,167	3,515,438
Interest expense, net	(170,756)	(241,220)
Income from continuing operations before income taxes	6,499,411	3,274,218
Income tax expense	(2,600,457)	(1,310,738)
Net income from continuing operations	3,898,954	1,963,480
Discontinued operations, net of tax of (\$22,619) and \$2,348	(34,936)	17,642
Net income	\$ 3,864,018	\$ 1,981,122
Per share amounts-basic:		
Average shares outstanding	7,642,806	5,433,679
Income from continued operations	\$ 0.51	\$ 0.36
Loss from discontinued operations	-	-
Net income	\$ 0.51	\$ 0.36
Per share amounts-diluted:		
Average shares outstanding	7,809,475	5,638,665
Income from continued operations	\$ 0.50	\$ 0.35
Loss from discontinued operations	-	-
Net income	\$ 0.50	\$ 0.35

ALMOST FAMILY, INC. AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF INCOME
(UNAUDITED)

	Six months ended June 30,	
	2008	2007
Net service revenues	\$ 87,727,325	\$ 64,282,682
Cost of service revenue	41,402,549	30,979,221
Gross margin	46,324,776	33,303,461
General and administrative expenses:		
Salaries and benefits	23,540,855	17,681,653
Other	11,664,808	8,886,067
Total general and administrative expenses	35,205,663	26,567,720
Operating income	11,119,113	6,735,741
Interest expense, net	(378,757)	(496,928)
Income from continuing operations before income taxes	10,740,356	6,238,813
Income tax expense	(4,266,792)	(2,450,052)
Net income from continuing operations	6,473,564	3,788,761
Discontinued operations, net of tax of (\$50,902) and (\$35,048)	(78,620)	(141,348)
Net income	\$ 6,394,944	\$ 3,647,413
Per share amounts-basic:		
Average shares outstanding	6,592,203	5,400,946
Income from continued operations	\$ 0.98	\$ 0.70
Loss from discontinued operations	(0.01)	(0.03)
Net income	\$ 0.97	\$ 0.67
Per share amounts-diluted:		
Average shares outstanding	6,753,403	5,602,962
Income from continued operations	\$ 0.96	\$ 0.68
Loss from discontinued operations	(0.01)	(0.03)
Net income	\$ 0.95	\$ 0.65

ALMOST FAMILY, INC. AND SUBSIDIARIES
CONSOLIDATED BALANCE SHEETS

	June 30, 2008 (UNAUDITED)	December 31, 2007
ASSETS		
CURRENT ASSETS:		
Cash and cash equivalents	\$ 16,480,426	\$ 473,222
Accounts receivable - net	25,011,813	16,965,316
Prepaid expenses and other current assets	1,824,294	1,203,454
Deferred tax assets	2,811,047	1,829,895
TOTAL CURRENT ASSETS	46,127,580	20,471,887
PROPERTY AND EQUIPMENT - NET	1,877,916	1,458,844
GOODWILL AND OTHER INTANGIBLE ASSETS	58,795,818	45,155,300
OTHER ASSETS	287,046	274,359
TOTAL ASSETS	\$ 107,088,360	\$ 67,360,390
LIABILITIES AND STOCKHOLDERS' EQUITY		
CURRENT LIABILITIES:		
Accounts payable	\$ 3,281,899	\$ 3,943,555
Accrued other liabilities	9,810,654	10,369,346
Current portion - capital leases and notes payable	4,596,945	653,891
TOTAL CURRENT LIABILITIES	17,689,498	14,966,792
LONG-TERM LIABILITIES:		
Revolving credit facility	-	12,386,783
Notes payable	3,000,000	4,000,000
Long-term deferred tax liabilities	1,481,750	776,672
Other liabilities	417,006	388,230
TOTAL LONG-TERM LIABILITIES	4,898,756	17,551,685
TOTAL LIABILITIES	22,588,254	32,518,477
STOCKHOLDERS EQUITY:		
Preferred stock, par value \$0.05; authorized 2,000,000 shares; none issued or outstanding	-	-
Common stock, par value \$0.10; authorized 10,000,000 shares; 8,131,790 and 7,808,819 issued and outstanding	813,179	780,882
Treasury stock, at cost, 2,276,898 shares	-	(8,877,641)
Additional paid-in capital	64,551,981	30,198,671
Retained earnings	19,134,946	12,740,001
TOTAL STOCKHOLDERS' EQUITY	84,500,106	34,841,913
TOTAL LIABILITIES AND STOCKHOLDERS' EQUITY	\$ 107,088,360	\$ 67,360,390

ALMOST FAMILY, INC. AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF CASH FLOWS
(UNAUDITED)

	<u>Six months ended June 30,</u>	
	2008	2007
Cash flows from operating activities:		
Net income	\$ 6,394,944	\$ 3,647,413
Loss from discontinued operations	(78,620)	(141,348)
Income from continuing operations	<u>6,473,564</u>	<u>3,788,761</u>
Adjustments to reconcile income from continuing operations to net cash provided by operating activities:		
Depreciation and amortization	642,674	428,888
Provision for uncollectible accounts	1,221,959	402,711
Stock-based compensation	333,332	202,371
Deferred income taxes	<u>(276,073)</u>	<u>355,771</u>
	8,395,456	5,178,502
Change in certain net current assets, net of the effects of acquisitions:		
(Increase) decrease in:		
Accounts receivable	(6,787,893)	(2,600,820)
Prepaid expenses and other current assets	(577,650)	(247,401)
Other assets	(12,687)	(29,519)
Increase (decrease) in:		
Accounts payable and accrued expenses	<u>397,696</u>	<u>165,801</u>
Net cash provided by operating activities	<u>1,414,922</u>	<u>2,466,563</u>
Cash flows from investing activities:		
Capital expenditures	(322,053)	(272,855)
Acquisitions, net of cash acquired	<u>(14,493,231)</u>	<u>(547,599)</u>
Net cash used in investing activities	<u>(14,815,284)</u>	<u>(820,454)</u>
Cash flows from financing activities:		
Net revolving credit facility repayments	(12,387,721)	(1,178,323)
Proceeds from stock option exercises	42,800	107,187
Purchase of common stock in connection with option exercises	-	(3,804,883)
Tax benefit from non-qualified stock option exercises	78,667	677,954
Proceeds from stock offering	41,808,449	-
Principal payments on capital leases and notes payable	<u>(56,009)</u>	<u>(1,013,720)</u>
Net cash provided by (used in) financing activities	<u>29,486,186</u>	<u>(5,211,785)</u>
Cash flows from discontinued operations		
Operating Activities	(78,620)	(141,348)
Investing Activities	-	-
Financing Activities	-	-
Net cash used in discontinued operations	<u>(78,620)</u>	<u>(141,348)</u>
Net increase (decrease) in cash and cash equivalents	16,007,204	(3,707,024)
Cash and cash equivalents at beginning of period	<u>473,222</u>	<u>4,125,592</u>
Cash and cash equivalents at end of period	<u>\$ 16,480,426</u>	<u>\$ 418,568</u>
Summary of non-cash investing and financing activities:		
Acquisitions funded by notes payable	\$ 3,000,000	\$ -
Acquisitions funded by stock	\$ 1,000,000	\$ -

**ALMOST FAMILY, INC. AND SUBSIDIARIES
RESULTS OF OPERATIONS**

	Three months ended June 30,					
	2008		2007		Change	
	Amount	% Rev	Amount	% Rev	Amount	%
Net revenues						
Visiting Nurse	\$ 38,857,909	79.8%	\$ 23,460,195	72.2%	\$ 15,397,714	65.6%
Personal Care	9,842,463	20.2%	9,049,308	27.8%	793,155	8.8%
	<u>48,700,372</u>	100.0%	<u>32,509,503</u>	100.0%	<u>16,190,869</u>	49.8%
Operating income						
Visiting Nurse	8,586,003	22.1%	4,566,721	19.5%	4,019,282	88.0%
Personal Care	820,534	8.3%	1,052,642	11.6%	(232,108)	-22.1%
Operating income before unallocated corporate expenses	9,406,537	19.3%	5,619,363	17.3%	3,787,174	67.4%
Corporate expenses	2,736,370	5.6%	2,103,925	6.5%	632,445	30.1%
Operating income	6,670,167	13.7%	3,515,438	10.8%	3,154,729	87.7%
Interest expense, net	(170,756)	0.4%	(241,220)	0.7%	70,464	-29.2%
Income taxes	(2,600,457)	5.3%	(1,310,738)	4.0%	(1,289,719)	98.4%
Net income from continuing operations	<u>\$ 3,898,954</u>	8.0%	<u>\$ 1,963,480</u>	6.0%	<u>\$ 1,935,474</u>	98.6%
EBITDA from continuing operations	\$ 7,214,248	14.8%	\$ 3,864,105	11.9%	\$ 3,350,143	86.7%

**ALMOST FAMILY, INC. AND SUBSIDIARIES
RESULTS OF OPERATIONS**

	Six months ended June 30,					
	2008		2007		Change	
	Amount	% Rev	Amount	% Rev	Amount	%
Net revenues						
Visiting Nurse	\$ 68,696,167	78.3%	\$ 46,508,313	72.3%	\$ 22,187,854	47.7%
Personal Care	19,031,158	21.7%	17,774,368	27.7%	1,256,789	7.1%
	<u>87,727,325</u>	100.0%	<u>64,282,682</u>	100.0%	<u>23,444,643</u>	36.5%
Operating income						
Visiting Nurse	14,040,673	20.4%	8,882,511	19.1%	5,158,162	58.1%
Personal Care	1,562,027	8.2%	1,714,016	9.6%	(151,989)	-8.9%
Operating income before unallocated corporate expenses	15,602,700	17.8%	10,596,527	16.5%	5,006,173	47.2%
Corporate expenses	4,483,587	5.1%	3,860,786	6.0%	622,801	16.1%
Operating income	11,119,113	12.7%	6,735,741	10.5%	4,383,372	65.1%
Interest expense, net	(378,757)	0.4%	(496,928)	0.8%	118,171	-23.8%
Income taxes	(4,266,792)	4.9%	(2,450,052)	3.8%	(1,816,740)	74.2%
Net income from continuing operations	<u>\$ 6,473,564</u>	7.4%	<u>\$ 3,788,761</u>	5.9%	<u>\$ 2,684,803</u>	70.9%
EBITDA from continuing operations	\$ 12,095,119	13.8%	\$ 7,367,000	11.5%	\$ 4,728,119	64.2%

**ALMOST FAMILY, INC. AND SUBSIDIARIES
VISITING NURSE SEGMENT OPERATING METRICS**

	Three months ended June 30,			
	2008 Amount	2007 Amount	Change Amount	%
Average number of locations	58	47	11	23.4%
All payors:				
Admissions	9,400	7,311	2,089	28.6%
Billable Visits	240,757	143,078	97,679	68.3%
Medicare Statistics:				
Revenue	\$ 36,428,290	\$ 21,703,970	\$ 14,724,320	67.8%
Percentage of total revenues	93.7%	92.5%		
Billable Visits	222,673	129,704	92,969	71.7%
Admissions	8,638	6,569	2,069	31.5%
Episodes	12,485	8,058	4,427	54.9%
Revenue per episode	\$ 2,918	\$ 2,693	\$ 224	8.3%
Visits per episode	18.7	17.3	1.4	8.1%

**ALMOST FAMILY, INC. AND SUBSIDIARIES
PERSONAL CARE SEGMENT OPERATING METRICS**

	Three months ended June 30,			
	2008 Amount	2007 Amount	Change Amount	%
Average number of locations	23	23	-	-
Admissions	569	639	(70)	-11.0%
Patient Days of Care	131,525	126,515	5,010	4.0%
Billable Hours	518,555	514,586	3,969	0.8%
Revenue per billable hours	\$ 18.98	\$ 17.59	\$ 1.39	7.9%

ALMOST FAMILY, INC. AND SUBSIDIARIES
VISITING NURSE SEGMENT OPERATING METRICS

	Six months ended June 30,			
	2008 Amount	2007 Amount	Change Amount	%
Average number of locations	58	47	11	23.4%
All payors:				
Admissions	17,810	14,816	2,994	20.2%
Billable Visits	428,097	286,617	141,480	49.4%
Medicare Statistics:				
Revenue	\$ 64,397,617	\$ 43,261,558	\$ 21,136,059	48.9%
Percentage of total revenues	93.7%	93.0%		
Billable Visits	393,078	260,364	132,714	51.0%
Admissions	16,223	13,375	2,848	21.3%
Episodes	22,839	16,194	6,645	41.0%
Revenue per episode	\$ 2,820	\$ 2,671	\$ 149	5.5%
Visits per episode	18.9	17.4	1.5	8.7%

ALMOST FAMILY, INC. AND SUBSIDIARIES
PERSONAL CARE SEGMENT OPERATING METRICS

	Six months ended June 30,			
	2008 Amount	2007 Amount	Change Amount	%
Average number of locations	23	23	-	-
Admissions	1,447	1,451	(4)	-0.3%
Patient Days of Care	262,986	250,414	12,572	5.0%
Billable Hours	1,026,106	1,029,175	(3,069)	-0.3%
Revenue per billable hours	\$ 18.55	\$ 17.27	\$ 1.28	7.4%

Non-GAAP Financial Measure

The information provided in the tables in this release includes certain non-GAAP financial measures as defined under Securities and Exchange Commission (SEC) rules. In accordance with SEC rules, the Company has provided, in the supplemental information and the footnotes to the tables, a reconciliation of those measures to the most directly comparable GAAP measures.

EBITDA:

EBITDA is defined as income before depreciation and amortization, net interest expense and income taxes. EBITDA is not a measure of financial performance under accounting principles generally accepted in the United States of America. It should not be considered in isolation or as a substitute for net income, operating income, cash flows from operating, investing or financing activities, or any other measure calculated in accordance with generally accepted accounting principles. The items excluded from EBITDA are significant components in understanding and evaluating financial performance and liquidity. Management routinely calculates and communicates EBITDA and believes that it is useful to investors because it is commonly used as an analytical indicator within our industry to evaluate performance, measure leverage capacity and debt service ability, and to estimate current or prospective enterprise value. EBITDA is also used in certain covenants contained in our credit agreement.

The following tables set forth a reconciliation of Continuing Operations Net Income to EBITDA:

**ALMOST FAMILY, INC. AND SUBSIDIARIES
RECONCILIATION OF EBITDA**

RECONCILIATION OF EBITDA:	Three months ended June 30,	
	2008	2007
Net income from continuing operations	\$ 3,898,954	\$ 1,963,480
Add back:		
Interest income (expense)	170,756	241,220
Income taxes	2,600,457	1,310,738
Depreciation and amortization	336,791	218,170
Amortization of stock-based compensation	207,290	130,497
Earnings before interest, income taxes, depreciation and amortization (EBITDA) from continuing operations	<u>\$ 7,214,248</u>	<u>\$ 3,864,105</u>

ALMOST FAMILY, INC. AND SUBSIDIARIES
RECONCILIATION OF EBITDA

RECONCILIATION OF EBITDA:	Six months ended June 30,	
	2008	2007
Net income from continuing operations	\$ 6,473,564	\$ 3,788,761
Add back:		
Interest income (expense)	378,757	496,928
Income taxes	4,266,792	2,450,052
Depreciation and amortization	642,674	428,888
Amortization of stock-based compensation	333,332	202,371
Earnings before interest, income taxes, depreciation and amortization (EBITDA) from continuing operations	<u>\$ 12,095,119</u>	<u>\$ 7,367,000</u>

About Almost Family

Almost Family, Inc., founded in 1976, is a leading regional provider of home health nursing services, with branch locations in Florida, Kentucky, Connecticut, New Jersey, Ohio, Massachusetts, Alabama, Missouri, Illinois, Pennsylvania, and Indiana (in order of revenue significance). Almost Family, Inc. and its subsidiaries operate a Medicare-certified segment and a personal care segment. Altogether, Almost Family operates 89 branch locations in 11 U.S. states.

Forward Looking Statements

All statements, other than statements of historical facts, included in this news release are forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Forward-looking statements may be identified by the use of forward-looking terminology such as "may," "will," "expect," "believe," "estimate," "project," "anticipate," "continue," or similar terms, variations of those terms or the negative of those terms. These forward-looking statements are based on the Company's current plans, expectations and projections about future events.

Because forward-looking statements involve risks and uncertainties, the Company's actual results could differ materially from any future results, performance or achievements expressed or implied by such forward-looking statements. The potential risks and uncertainties which could cause actual results to differ materially include: regulatory approvals or third party consents may not be obtained, the impact of further changes in healthcare reimbursement systems, including the ultimate outcome of potential changes to Medicare reimbursement for home health services and to Medicaid reimbursement due to state budget shortfalls; the ability of the Company to maintain its level of operating performance and achieve its cost control objectives; changes in our relationships with referral sources; the ability of the Company to integrate acquired operations; government regulation; health care reform; pricing pressures from Medicare, Medicaid and other third-party payers; changes in laws and interpretations of laws relating to the healthcare industry; and the Company's self-insurance risks. For a more complete discussion regarding these and other factors which could affect the Company's financial performance, refer to the Company's various filings with the Securities and Exchange Commission, including its

filing on Form 10-K for the year ended December 31, 2007, in particular information under the headings "Special Caution Regarding Forward-Looking Statements" and "Risk Factors." The Company undertakes no obligation to update or revise its forward-looking statements.